


# MASTER Risk Blueprint

## Personal Strategy Report

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Coaches, Consultants & Solo Service Providers

# Your MASTER Snapshot

| Risk Zone | Risk Profile | Focus Pillar |
| --- | --- | --- |
| Comfort Zone | The Settled | Abilities |

**Your Aim Right Now**

to strengthen your skills and confidence for coaching success.
This report focuses on strengthening the foundations of your coaching or consulting practice.

## What This Means Now

You have settled into your position. Expectations are clear, your output is dependable, and you know how to operate in this context. Most of your effort goes into areas where you already feel confident, so there is little pressure to change how you operate or what you take on. This is a strong position, where you can choose to push beyond what is already working. What you handle sits below your current capacity, which means your next level is already within reach.

These results reflect your current self-perception of your Mindset, Abilities and Situation.

## Your Top 3 Priorities

1 **Abilities → Human → Leadership**

Guide work with clients and partners while taking ownership of outcomes

2 **Abilities → Human → Communication**

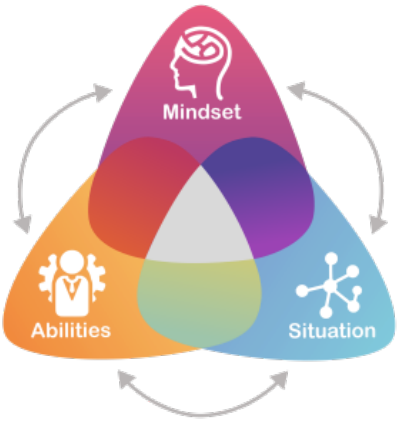
Communicate clearly with clients and partners to align expectations and deliver work

3 **Abilities → Human → Collaboration**

Collaborate with clients and partners to deliver work and maintain relationships

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# How the MASTER Risk Model Works




## The Three Pillars: Why Risk Feels This Way

The model captures three pillars that shape how you handle risk.

**Mindset**: How you interpret uncertainty and pressure.
**Abilities**: What you can reliably execute with your current skills.
**Situation**: Conditions you can influence that affect progress.

## Your Risk Zone

Your Risk Zone shows how challenge relates to your current capacity.

**Comfort**: Your pillars strongly support the work you are doing.
**Stretch**: One or two pillars are under pressure, creating growth.
**Panic**: Your pillars provide little support for the challenge.

Your responses combine into three pillar values, which determine your Risk Zone and Risk Profile.

**Your Risk Profile** shows how you tend to respond inside your zone.

## How Priorities Are Determined

Your priorities are selected for impact in your specific context.

- **Weighted relevance: What should receive attention first?**
Inputs are weighted by relevance to your role and context, so focus reflects where change will matter most, not absolute scores.

- **Risk Zone strategy: What type of move fits your current Risk Zone?**
Decision rules adapt to your current Risk Zone, so priorities align with what is effective now.

## How to Use This Blueprint

The **Blueprint** identifies what matters most for impact right now.

Start with Priority 1. Use the **Learning Hub** to put it into practice.

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# Your Risk Pillars

Your current scores for the three pillars that shape risk.

7.4/10 **Mindset**

8.2/10 **Abilities**

7/10 **Situation**

### Mindset

Reflects how you interpret uncertainty and pressure as they unfold, shaping your response before acting.

### Abilities

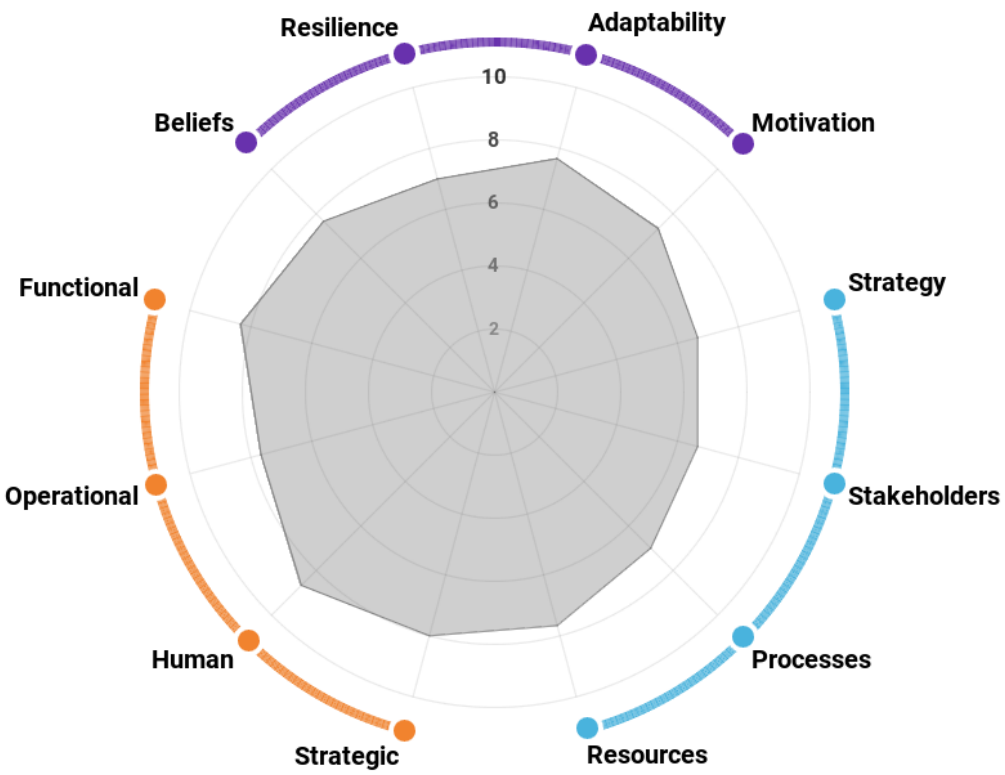
Reflect the skills you draw on when taking action, shaping how demanding a step feels once you move.

### Situation

Reflects aspects of your context that support or constrain action, focusing on what you can influence.

## Your Pillar Breakdown

Each pillar is built from four building blocks that shape its function. This chart shows how those elements currently score for you.
These building blocks break down into Minimum Actionable Variables, where action starts.




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# Your Risk Zone: Comfort Zone

Risk Zones describe how challenge relates to your current capacity.




In the Comfort Zone, things are working. You know what to do, expectations are clear, and pressure stays manageable. Because things feel stable, it's easy to stay within the same range without noticing it.
There is nothing wrong with being here. It reflects capability and control.

**Your Risk Profile on the next page shows how you typically respond within here.**

## Comfort Zone

### What This Zone Is

Your current activities fit well within what you are used to handling. Mindset, Abilities, and Situation work together smoothly in daily execution.

### What This Zone Enables

Things feels predictable and under control across most tasks. You can deliver consistently without needing to stretch or compensate.

### What This Zone Limits

Fewer chances to take on more responsibility. Keep doing the same, and what you handle stays the same unless you stretch it.

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# Your Risk Profile: The Settled

This profile describes a pattern in how you respond when responsibility increases. It reflects how your Mindset · Abilities · Situation line up when pressure rises.

**The Settled belongs to the Comfort Zone, where Mindset, Abilities, and Situation support stable and predictable work.**



### Stability that limits change

This profile shows up when work runs smoothly and demands remain familiar.
Activities are well within reach, and there is little pressure to change anything.

## How Your Pillars Shape Your Risk Profile




**Mindset · Strong**
Steady and composed. Pressure feels familiar and stays under control.




**Abilities · Strong**
Well matched to current demands. Follow-through is reliable and consistent.




**Situation · Strong**
Supportive and predictable. Context and expectations are well defined.

## Common Signals with This Profile

- Work that feels smooth but increasingly repetitive
- Strengths used to preserve stability across a broader scope
- Opportunities seen as optional rather than necessary

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# Your Risk Strategy

Your priorities follow a clear logic:

**Risk Zone sets the strategy**

Comfort → leverage strengths

Stretch → reinforce the weakest pillar

Panic → stabilize first, then rebuild

**Risk Profile determines the focus**

Mindset, Abilities, Situation or Across all pillars




**What This Means for You**

Your results place you in the **Comfort Zone**.

Your Risk Profile, **The Settled**, focuses on **Abilities**.

## Comfort Strategy: Leverage Strength

Growth in the Comfort Zone comes from deepening what already works. Your strongest pillar is **Abilities**, giving you a solid base to build from. Focus on the variables within it that offer the greatest leverage for further growth over time.

### Your Top 3 Priorities

1 **Abilities → Human → Leadership**

When you lead your work and client interactions, you set expectations, guide outcomes, and ensure delivery runs smoothly.

2 **Abilities → Human → Communication**

When you communicate clearly, clients understand your value, expectations are aligned, and delivery runs more smoothly.

3 **Abilities → Human → Collaboration**

When you collaborate well, you manage client relationships smoothly, align expectations, and deliver work more effectively.

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# Your Priority 1

This page explains what this priority means for you, and how to work with it.




### Leadership (Abilities)

This variable reflects how effectively you guide others in your work, set direction when needed, and support performance. It shapes how you align clients or collaborators, create clarity, and ensure work progresses through coordinated effort.

## Why It Matters (Comfort Zone)

You provide clear direction and maintain alignment across people and priorities. Expectations are understood and followed, and ownership is clear. You step in when guidance is needed and step back when others can take responsibility. This balance supports both delivery and growth. When sustained, your leadership creates consistency in how work progresses and strengthens how people operate together over time.

## What Might Be Holding You Back

You may rely on an approach that has worked before without adjusting it. This can make it harder to respond effectively as demands change or as people require different types of support.

## Self-Reflection

When did I last adjust how I guide others to better match what is needed now?

## What This Looks Like in Practice

You continue refining how you guide and support others. You adjust your approach based on what is needed, keep expectations clear, and follow up where it matters. This keeps your leadership effective over time and supports steady improvement in both performance and how work is delivered.

Work on This Priority in the Learning Hub

*Details on how to use the Learning Hub are explained later in the Appendix.*

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# Your Priority 2

This page explains what this priority means for you, and how to work with it.




### Communication (Abilities)

Communication is how clearly you explain services, recommendations, and expectations to clients and collaborators.

## Why It Matters (Comfort Zone)

You collaborate in a structured and consistent way, with clear communication and aligned responsibilities. People understand how their work connects, and coordination happens with fewer interruptions. You address misalignment early and keep information flowing. This supports reliable execution and reduces unnecessary delays. When sustained, this strengthens how work is coordinated and supports consistent outcomes over time.

## What Might Be Holding You Back

You may rely on familiar ways of working without reviewing them. Existing patterns continue even as complexity increases, which can reduce how well coordination holds over time.

## Self-Reflection

When did I last adjust how I collaborate to improve coordination with others?

## What This Looks Like in Practice

You continue refining how you collaborate, improving how information is shared and how alignment is maintained. This keeps coordination strong and supports consistent, high-quality results across what you are working on.

Work on This Priority in the Learning Hub

*Details on how to use the Learning Hub are explained later in the Appendix.*

# Your Priority 3

This page explains what this priority means for you, and how to work with it.




### Collaboration (Abilities)

This variable reflects how effectively you work with clients and collaborators, exchange information, and coordinate efforts. It shapes how you stay aligned, manage dependencies, and deliver results through shared contribution.

## Why It Matters (Comfort Zone)

You collaborate in a structured and consistent way, with clear communication and aligned responsibilities. People understand how their work connects, and coordination happens with fewer interruptions. You address misalignment early and keep information flowing. This supports reliable execution and reduces unnecessary delays. When sustained, this strengthens how work is coordinated and supports consistent outcomes over time.

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## What This Looks Like in Practice

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Work on This Priority in the Learning Hub

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# Your 30-Day Action Frame




Over the next 30 days, treat this as a focused working window.

This Blueprint has already identified what matters most right now. The purpose of the next month is not to improve everything, but to work within a limited scope.

This period is meant for working on your priorities without expecting full results yet. What matters is staying with a small number of priorities long enough for them to start shaping how you approach your work.

## What to Work With

This Blueprint has identified three priority variables, ordered by impact.

Work with them sequentially, not simultaneously, allowing each to improve before moving to the next.

## What to Expect Over These 30 Days

You may start to notice early improvements as new actions become easier to apply. Common signals include:

- familiar situations feeling easier to handle
- decisions requiring less deliberation
- recurring challenges becoming more manageable

These are indications that the focus is starting to take effect. When you notice them, stay with the same priority rather than switching too quickly.

When you are ready for structure, guidance, or practice, continue working through the Learning Hub.

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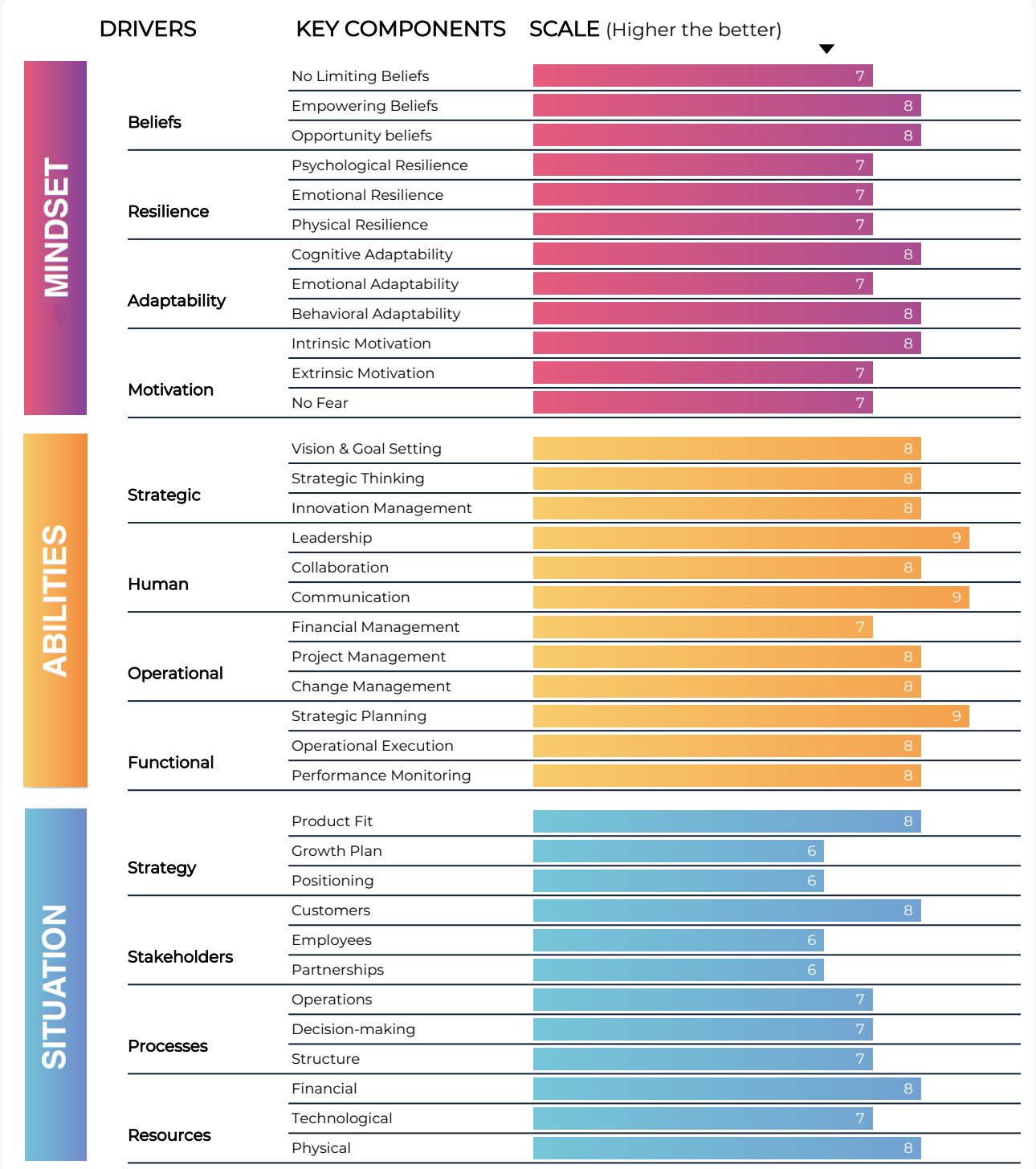
# Appendix A
# Diagnostic Reference

This page shows your variable scores from the assessment.

Scores use a 1-10 scale. Higher scores indicate stronger support in that area.

Scores are rounded for display. Risk Zones and priorities are determined using full-precision scores, weighted relevance and MASTER assessment rules.

## Detailed scores and components




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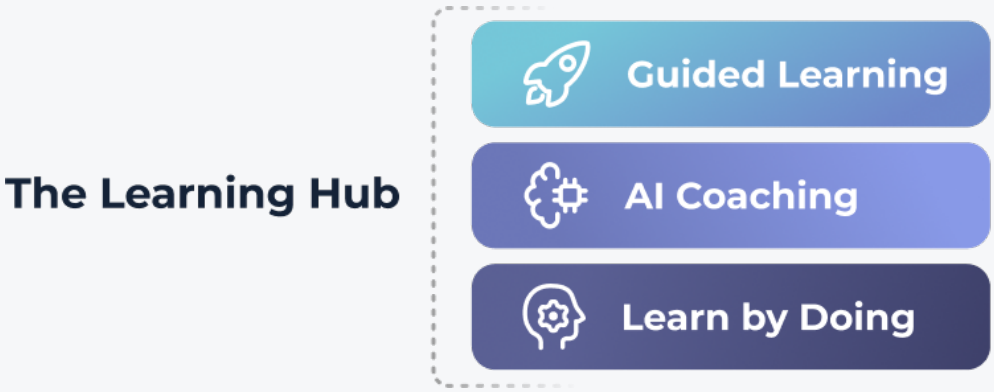
# Appendix B

# How to Use the Learning Hub

Use the Learning Hub to work on your current priority.

Real improvement comes from regularly applying what you learn in your work.

The Learning Hub offers practical ways to understand a priority, test ideas, and apply them in real situations.




### Guided Learning

Use this when you want a better understanding of a priority before acting on it. Short, focused resources help you see what the priority involves and where to apply it in your work effectively.

### AI Coaching

Use this to explore simulated scenarios and guided questions related to your priority. The coaching helps you test responses and practice decision-making before applying it in your own context.

### Learn by Doing

Use this to take small, concrete actions in your daily work. Short experiments and reflections help you apply new approaches, observe what happens, and adjust based on experience.

Start with your current priority. Use one section at a time, based on what you need next. Leave the rest for later.

Go to the Learning Hub

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